



DISCIPLESHIP U COURSE CATALOG

REVELATION: THE KINGDOM YET TO COME

Instructor: Gerry Jones

Ascension Press presents an intriguing study program that shows how the kingdom established by Christ in his Church is intimately connected with the kingdom of heaven. Jeff Cavins helps us discover what the mysterious figures and images of Revelation mean and how Revelation is more than an apocalyptic vision of the “end times.” He explores the Church’s teaching on the second coming of Christ and the Last Judgment. We see how God, the Divine Bridegroom, and the Church, his spotless bride, enter into a holy and mystical marriage every time we celebrate Mass. Required Study Material Workbook (Cost \$20)

THE BEAUTY OF THE LORD

Instructor: Karen Ochoa

REQUIRED STUDY MATERIAL None

This course begins with a discussion about beauty as an attribute of God, then explores worship and art in the Old Testament. Following a study of signs and symbols in Christian art, the discussion then moves to understanding their use in the liturgy, as the language of worship. By deepening our knowledge of the power of signs and symbols, we allow ourselves to be drawn into that beautiful and wondrous divine exchange where physical actions and objects become spiritual realities.

ST. IGNATIUS RULES OF DISCERNMENT

Instructor: Fr. Charlie

Required Study Material: *The Discernment of Spirits: An Ignatian Guide for Everyday Living* by Fr. Timothy Gallagher and *Spiritual Consolation: An Ignatian Guide for Greater Discernment of Spirits* by Fr. Timothy Gallagher

Fr. Charlie will be teaching a class on St. Ignatius of Loyola’s Week I and Week 2 of Discernment from the Ignatian Spiritual Exercises. Students will learn to apply to St. Ignatius Rules of Discernments to their lives in making better discernments/decisions of what God is inviting them to do in their lives.

AN INTRODUCTION TO CHRISTIAN MEDITATION

Instructor: Deacon Dan Lanicek

REQUIRED STUDY MATERIAL None

Christian meditation, or meditative prayer, is how we grow in our relationship with God. St. Alphonsus Liguori states that it is impossible to live a life free of sin without meditative prayer. St. Teresa of Avila believed that those who do not practice Christian meditation put themselves at serious risk of losing eternal life. This course will teach you how to pray Christian meditation, learn why it is important, and how to overcome difficulties and frustrations in meditation. By the end of this course, you will have everything you need to begin or go deeper in your Christian meditation.

CATHOLIC SOCIAL TEACHINGS: AN EXPLORATION OF THE 7 CATHOLIC SOCIAL TEACHINGS OF THE CHURCH

INSTRUCTOR: Karen Carrizales and Frank Kavanaugh

REQUIRED STUDY MATERIAL None

This course includes videos and discussion activities for each of the 7 Catholic Social teachings presented by the United States Conference of Catholic Bishops and Catholic Relief Services. There will be a special emphasis on the preferential option for the poor. There will also be additional resources for deeper study. The course will offer an opportunity to explore our faith as it relates to the community in need, learn how to help build a just society and learn how you can put your faith into action and live a life of holiness amidst the challenges of modern society.

SYMBOLON: THE CATHOLIC FAITH EXPLAINED (PART II)

INSTRUCTOR: Steve Scott

PREREQUISITE: Symbolon: Knowing the Faith (Part 1)

In the early Church, Christians described their Creed, their summary statement of faith, as the Symbolon, the “seal” or “symbol of the faith.” In Part Two: Symbolon: Living the Faith, we turn our attention to how we encounter God in the sacraments and the moral life. Through the sacraments, Christ’s work of salvation is communicated to our lives. Transformed by sacramental grace, we are made capable of living a life worthy of the Gospel in imitation of Jesus Christ.

LEVEL I: CATECHETICAL TOOLBOX (20 CREDIT HOURS)

INSTRUCTOR: John Kaemmerer/Frank Ledesma

PREREQUISITE: Level I Basic Teaching Recommended, but not required.

Required Study Material Workbook (Cost \$10)

As a catechetical leader, The Catechist’s Toolbox helps your catechist learn and practice some of the basic skills needed to thrive as a religious education teacher/catechist. It helps catechists with their preparation, training, skills, techniques and mentorship.

(Note: New enrollment for the Diocese Certification Program requires a \$15 Administration fee.)